



**GOVT. DEGREE COLLEGE
KATHUA, UT OF J&K**



The Foundation
For Global
Community Health



**1ST
INTERNATIONAL CONFERENCE
on
HEALTH FITNESS, YOGA AND SPORTS SCIENCE
ICHFYSS-2024**

MARCH 5-6, 2024

Organized by

IQAC & Department of Physical Education and Sports

Govt. Degree College, Kathua, J&K (India)

in collaboration with

Foundation for Global Community Health (GCH)

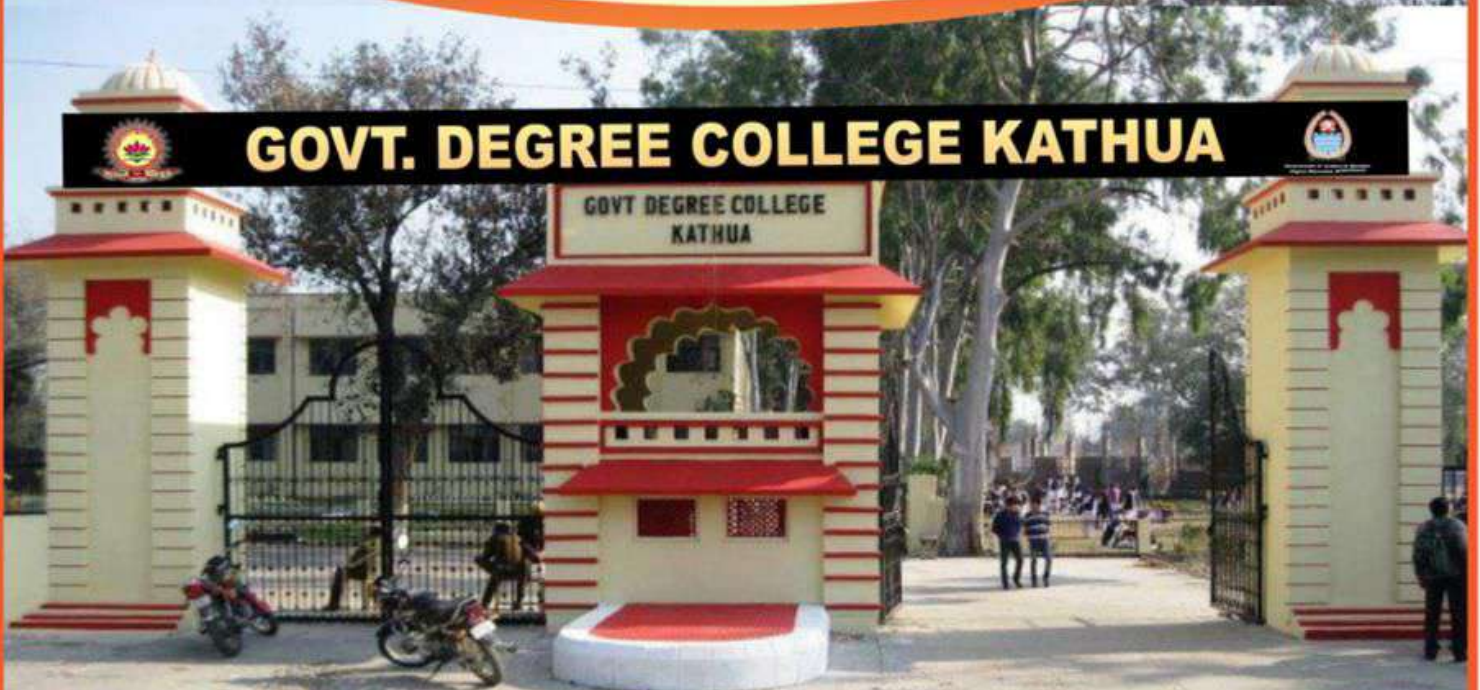
United States of America (USA)



GOVT. DEGREE COLLEGE KATHUA



GOVT DEGREE COLLEGE
KATHUA





**GOVT. DEGREE COLLEGE
KATHUA, UT OF J&K**



Call for Papers

International Conference **ICHFYSS-2024**

**Theme : Health Fitness, Yoga and Sports Science
March 5-6, 2024**

Venue: Govt. Degree College, Kathua, UT of J&K (India)

For Online Registration



For Online Payment

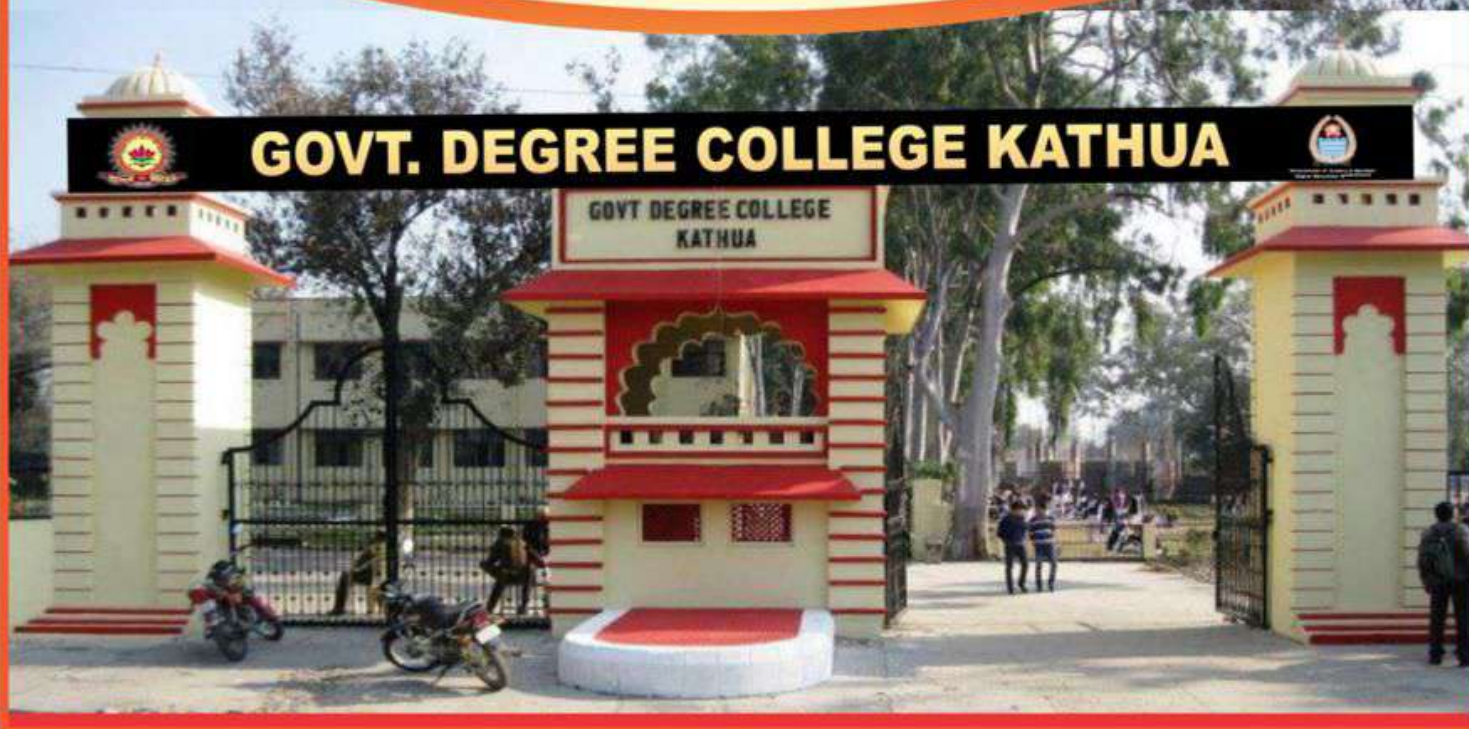


Bank Details

Name:	: Govt Degree College, Kathua
A/c No.:	: 0382040500000531
IFSC Code:	: JAKA0REVENU
Branch:	: Branch: J&K Bank, Patel Nagar

Registration Link : <https://forms.gle/kLkGzGQ8bAG6Ppq88>

email @ ichfyss24@gmail.com



Conference Themes

- Exercise Physiology
- Sports Biomechanics and Kinesiology
- Sports Nutrition
- Sports Medicine
- Sports Coaching and Pedagogy
- Technology Integration in Physical Education
- Physical Education Policy Development and Implementation
- Inclusion and Adapted Physical Education
- Sports Law and Ethics
- Sports Marketing and Sponsorship
- Sports Governance and Policy
- Exercise and Mental Health
- Psychological Aspects of Exercise Performance
- Exercise and Stress Management
- Biochemical Aspects of Exercise
- Lipid Profile & Disease Management
- Hormonal Control & Exercise
- Language & Sports Promotion
- Sports Journalism in the Digital Age.
- Ethical Considerations in Sports Journalism
- Sports Journalism and Broadcasting Ethics Training
- Entertainment, Music and Sports
- Talent Identification and Development
- Holistic Approaches to Wellbeing
- Healthy Aging and Geriatric Wellbeing
- Economics of Health & Fitness
- Professional Development and Training for Physical Literacy
- Sports and wellness for sustainable economic growth
- Economics of Health & Fitness
- Socio Economic Impact of Health Tourism
- Society & Sports
- Yoga & Exercise
- Mental Health and Meditation
- Yogic Asans and Health Care
- Sports Management & infrastructure Development
- Geographical Aspects of Sports
- Geo Tagging and Geographical Analysis
- Geological Surveys and soil sampling in sports
- High Altitude Physiology and Sports Performance
- Statistical Evaluation and Research Analysis
- Computer Science in Sports

**About the Conference
(ICHFYSS-2024)**

IQAC & Department of Physical Education and Sports Govt. Degree College, Kathua, J&K (India) in collaboration with Foundation for Global Community Health (GCH) & United States of America (USA) is going to organize 1st international Conference "ICHFYSS-2024" which is going to be held in hybrid mode during 5-6 March 2024. ICHFYSS-2024 aims to bring together the academicians, educationists, physical educationists, sports scientists, nutritionists, biologists, psychologists, Anthropologists, Bio mechanists, physiotherapists, coaches, yoga experts, Gym trainers, policymakers and research scholars on a common platform where they can share their rich experience in research, physical and sports education and health well-being. A free workshop on yoga will be facilitated by yoga experts for all the participants at the conference.

PUBLICATION OPPORTUNITIES

All selected papers will have the opportunity to be published in SCOPUS/Web of Science indexed journals and ISBN book proceedings.



Chief Patron
Sh. Alok Kumar, IRS
Principal Secretary
Higher Education Department
UT of Jammu & Kashmir



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Higher Education Department
UT of Jammu & Kashmir



Co-Patron
Dr. Yasmeen Ashai
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Department of Higher Education
UT of J&K



Convener Sports Board
Prof. Shivani Kotwal
Associate Professor
Govt. Degree College
Kathua



Chief Guest
Prof. Dr. Ming-Kai Chin
Founder and President, Foundation for Global Community Health (GCH), USA
Founding and Immediate Past President, BRICS Council of
Exercise & Sports Science (BRICSCESS)



Co-Patron & Conference Director
Prof. Seema Mir
Principal
Govt. Degree College, Kathua

INTERNATIONAL SPEAKERS



Dr Garry Kuan
Associate Professor
Exercise & Sports Science Programme
University Sains, Malaysia
Postdoctoral Research Fellow,
Brunel University, London (UK)



Dr. Pinar Yaprak
Assistant Professor,
Gazi University,
Faculty of Sports Science
Ankara, Turkey



Hilla Davidov
Ph.D Scholar
Köln University, Germany



Dr. Olena Yarmoliuk
Vice Dean in Science and Management
Borys Grinchenko, KYIV University
UKRAINE.



Dr. Zornitza Mladenova
Senior Future Leader/volunteer
(SFLV) of GCH, USA
President - Association of Touristic Animators
Sofia / Bulgaria



Dr. J S Soodan
Physical Director &
Organizing Secretary



Mr. Sandeep Sharma
Physical Director &
Jt. Org. Secy.

Advisory Committee	Organizing Committee	Scientific Committee
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Dr.R.K Pandita	Prof Ambika Rajput	Dr. Shardha Anand
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Prof. Shivani Kotwal	Prof. Shiv Kumar	Prof. Deepak Gupta
Dr. R.K Manhas	Dr. Amrik Singh	Dr. Amrik Singh
Dr. Ram Singh	Dr. J.S. Soodan	Dr. J S Soodan
	Prof. Meena Devi	Dr. Shiv Kumar